



# Building Positive Relationships at Work



## January

Visit your home page starting January 15th:

**TOLL-FREE:**  
866-327-2400

**WEBSITE:**  
[www.txhhsseap.com](http://www.txhhsseap.com)

**EMAIL:**  
[eap@deeroaks.com](mailto:eap@deeroaks.com)

**WHATEVER YOU NEED,  
WE ARE HERE TO HELP.**

*Just call or log on to get started.*

## ONLINE SEMINAR

Being able to build supportive relationships is half the battle. Often the key to our success lies not so much in our subject matter expertise, but in how we get our relationships to work for us. Healthy workplace relationships not only make our work enjoyable, they make our work better.

This session focuses on seeing destructive patterns in our relationships and how we can alter our approach to make those relationships work for us.

Your Employee Assistance Program (EAP) is there 24/7 with information and resources to help you work better, together.