

Marital/Family Issues?



Your EAP Can Help

Every family has conflicts, disagreements, and challenges. Some issues are short-lived, while others are more difficult to handle. Stress at home can significantly affect other aspects of your life; therefore, it is important to address family and marital issues and to develop effective coping skills. The EAP can help with a variety of issues such as:

- Divorce
- Parenting concerns
- Work/life balance
- Struggling with finances
- Adjusting to parenthood/adoption
- Life changes/transitions
- Coping with grief and loss
- Child/elder care issues

Call **1-866-EAP-2400**

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